



**COUNCIL ON AGING
TOWN OF EAST BRIDGEWATER**

www.eastbridgewaterma.gov

355 PLYMOUTH STREET

EAST BRIDGEWATER, MASSACHUSETTS 02333

Telephone: 508-378-1610

COUNCIL MEMBERS
Dee Dee Rogers, Chair
Mary Haines, Treasurer
Katie Cavanagh, Secretary
Robert Ringuette
Susan Muir
Helen Bomar
Anne Marek
Lois Sullivan
Michele Bernard

MINUTES

Tuesday, February 6, 2024

Time: Called to order at 6:04 PM

Present: Dee Dee Rogers, Mary Haines, Susan Muir, Katie Cavanagh, Lois Sullivan, Michele Bernard.

Absent: Robert Ringuette, Helen Bomar, Anne Marek. Guest: Nancy Hill, Director Dave Sheedy, Select Board

REVIEW OF MINUTES FROM 12/5/2023 MEETING:

Motion to Accept: Lois Sullivan

Seconded by: Mary Haines

All In Favor: YES

TREASURER'S REPORT: Mary Haines gave an update.

Motion to Accept: Susan Muir

Seconded by: Lois Sullivan

All In Favor: YES

DIRECTOR'S REPORT: Director Nancy Hill went over the Director's report highlights, including:

- **Two sophomores at Southeastern Regional School began their clinical placement on January 16. They will continue on Tuesday and Thursday every other week for the remainder of the school year. They have helped with some data entry and phone calling and are available for technology by appointment.**
- **Grandparenting With Autism Workshop presented by Dr. Valarie Whiting.**
- **The Postmortem Scrapbook Workshop, which Sarah Franklin presented.**
- **Soup & Sandwich Grab & Go provided by Holmestead Harvest**
- **"Busting Myths and Getting Savvy About Senior Living".**
- **Health and Wellness Benefits of THC and CBD presented by Dr. Rosemary Duda, Medical Marijuana Prescriber**

Motion to Accept: Mary Haines

Seconded by: Michele Bernard

All In Favor: YES

***Respectfully submitted as approved at the April 2nd, 2024,
By Katie Cavanagh.***

SELECT BOARD REPORT: Dave Sheedy spoke about the Special Town Meeting on February 20, 2024. The budget is a challenging year ahead.

OTHER TOPICS DISCUSSED: Death Doula: In the realm of death and dying, Norwell COA offers a class to our group.

Peter Andrade crafted a plaque as a gift and would like the Council's approval. We only recommended changing the inscription to "To --- East Bridgewater Council On Aging with Appreciation."

"Older Adults" changing the narrative website.

The budget was submitted; Dan Picha is the Finance Liaison for COA.

ADJOURN TIME: 7:24 PM

Motion to Adjourn: Mary Haines

Seconded by: Lois Sullivan

All In Favor: **YES**

The next meeting of the Board will be March 5, 2024, at 6:00 p.m.

***Respectfully submitted as approved at the April 2nd, 2024,
By Katie Cavanagh***